TEMPLATE P

Weekly Menu Planner for an Approved Diet

Use with Chapters 4 and 11. Build each meal only from Template O. If a meal uses a food not on Template O, mark it "?" and ask first.

Diet order this week follows (Template K, dated): _____

Day	Breakfast	Lunch	Dinner	Snacks	Checked against Template O?
Mon					
Tue					
Wed					
Thu					
Fri					
Sat					
Sun					