TEMPLATE R

Questions to Ask About the Diet Order

Use with Chapters 11 and 13. Bring to the appointment, or read over the phone. Write the answers in the clinician's words.

Question	Answer (in the clinician's words)
What is the diet called, and can you write it down for us?	
Which foods are fine, which to limit, and which to avoid? Is there a handout?	
Are there any texture or fluid instructions? Can you write them down?	
Do any of my parent's medicines need to be lined up with meals?	
Are store-bought or delivered meals OK? What should we look for?	
Would a registered dietitian nutritionist referral help? Is it covered?	
What should make us call you?	
When should we check back on the diet?	