TEMPLATE B

Weekly Meal Plan

Use with Chapter 4. If your parent has a diet order, use Template P instead, built on the order.

Week of: _____ Diet order on file? (Template K): _____

Day	Breakfast	Lunch	Dinner	Snacks	Drinks (times)	Easy night?
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						

Leftovers planned: _____ Delivered or frozen meals this week: _____

What got skipped (fill in at the end of the week): _____