TEMPLATE A

Home Walk-Through Checklist

Walk with your parent. For each item, mark **OK** (no problem seen), **Pro** (call a licensed or qualified professional), **Ask** (ask the doctor, pharmacist, or an occupational therapist), or **Fire** (ask the fire department). Details for each area are in the chapter shown. This is a list of things to notice, not things to fix yourself.

Area	What to look for	OK / Pro / Ask / Fire	Notes
Outside (Chapter 3)	Walkway uneven, cluttered, or dark		
	House number hard to read from the street, day or night		
	Entry step railings missing, one-sided, or loose		
	Step edges hard to see; slick steps		
	Lockbox or keypad lock in place; code shared		
	Garage: dark; no railing on steps; chemicals near the furnace or water heater		
Entry door (Chapter 3)	Hard-to-turn knob or locks; raised threshold		
	No way to see who's at the door		
Living areas (Chapter 4)	Loose rugs; cords across walkways		
	Paths too narrow for a walker		
	Chairs hard to get out of, or without arms		
	Rooms with no switch at the doorway		
	Space heaters near anything that burns, or on extension cords		
	No phone reachable from the floor		
Kitchen (Chapter 5)	Things that can burn near the stove		
	Signs of forgotten cooking (scorched pots)		
	Everyday items kept too high; a step stool in use		
	Major appliances on extension cords		

Area	What to look for	OK / Pro / Ask / Fire	Notes
	Outlets by the sink without test/reset buttons		
Bathroom (Chapter 6)	Parent grabs towel bars, sink, or door for support		
	Grab bars missing or loose		
	Slick tub or shower floor		
	Hard to sit down on or get up from the toilet		
	Water at the tap feels too hot		
	No night light; door can't be opened from outside		
Bedroom (Chapter 7)	Hard to get in and out of bed		
	Lamp, flashlight, phone, glasses out of reach		
	Dark path from bed to bathroom		
	Smoke alarm missing, old, or can't be heard from bed		
Stairs (Chapter 8)	Railings missing, one-sided, or loose		
	Step edges hard to see; things stored on stairs		
	No light switch at top and bottom		
	Single steps that are easy to miss		
Fire and carbon monoxide (Chapter 9)	Smoke alarms missing, chirping, disconnected, or with old or no dates		
	Fuel-burning appliance or attached garage with no carbon monoxide alarm		
	Parent can't hear the alarm		
	No escape plan made with the fire department		
	Lint built up in or around the dryer		
Systems (Chapter 10)	Warm outlets, flicker, burning smells		
	Furnace, water heater, chimney not serviced this year		

Area	What to look for	OK / Pro / Ask / Fire	Notes
	Don't know where water, electric, gas shutoffs are		
Medications (Chapter 11)	Pill pack or organizer doesn't match the date		
	Controlled drugs within easy reach of visitors; old medications mixed in		
Emergency (Chapter 16)	No File of Life on the refrigerator, or out of date		
	No fridge contact card		
	No go-bag		
	No flashlights at bedside, kitchen, bathroom		
Night check	Walked bed-to-bathroom route after dark		

Date: _____ Done by: _____ Next walk-through: _____