TEMPLATE N

Visit Checklist and Standard Weekly Grocery Order

Visit checklist. Use the full list in Chapter 15.5. Short form:

Person □ appearance □ mood/memory □ mobility □ weight (monthly) · Food □ fridge □ freezer □ meals eaten □ fluids · Meds □ packs on track □ next delivery · Home □ hazards □ lights □ alarms (monthly) □ pendant □ thermostat □ locks · Mail/money □ unopened mail □ scams □ bills scanned · Phone □ charged □ scam check □ apps □ contacts · Paperwork □ File of Life □ fridge card □ appointments

Visit date ____ · Visitor ____ · Notes for the care log ____

Standard weekly grocery order (starter list; edit to the parent's tastes and diet)

Item	Brand/size	Qty	Notes
Milk			
Eggs			
Bread			
Bananas / soft fruit			
Applesauce or fruit cups			
Yogurt			
Cheese / cheese sticks			
Deli meat			
Soup (low-sodium if needed)			
Frozen meals			
Cereal / oatmeal			
Peanut butter			
Crackers			
Water / drinks			
Coffee / tea			
Paper goods, toilet paper			
Incontinence supplies (if used)			

Delivery day ____ · Window ____ · Safe drop instructions ____ · Ordering owner ____