TEMPLATE L

Daily Run Book Cover and Index

Run book structure is in Chapter 14.1. Use this as the binder's first page.

Section	Page	Last updated
1. Emergency page (911 steps, File of Life location, lockbox, outage plan)		
2. Contacts (Template I)		
3. Daily schedule		
4. Medications (Template G)		
5. Personal care		
6. Mobility and transfers		
7. Meals and hydration		
8. Cognition and communication (what helps; "My Story" book location)		
9. House operations (thermostat, trash day, Wi-Fi, cameras, alert system)		
10. Weekly and monthly tasks		
11. Preferences		