TEMPLATE K

"My Story" Book (dementia reassurance book)

Guidance is in Chapter 16.8. One idea per page, large print (18-24 pt), photos with names under each face. Positive only. Laminate, or use sheet protectors in a small binder. Keep one by their chair and one in the aide's bag.

> **Page 1.** Your name is _____. People call you _____. [photo] > > **Page 2.** You live at _____ in _____. This is your home. [photo of house] > > **Page 3.** Your [son/daughter] is _____. [He/She] lives in _____ with _____. [photo] > > **Page 4.** Your [son/daughter] is _____. [He/She] lives in _____. [photo] > > **Page 5.** Your grandchildren are _____, _____, and _____. [photos] > > **Page 6.** _____ comes on _____ to help you. [She/He] is kind and is here to help. [photo] > > **Page 7.** Every morning you _____. After lunch you _____. > > **Page 8.** You love _____, _____, and _____. [photos] > > **Page 9.** You were a _____ for _____ years. You _____. [photo] > > **Page 10.** You are safe. Your family loves you. You don't need to worry. _____ is taking care of things. > > **Page 11.** If you feel worried, you can call _____. The number is in your phone under "_____." Or ask _____. > > *Last updated: _____*